

## LOCAL & GOVERNMENT RESOURCE SUPPORTS

Area of Need	Contact:
Food Resources	<ul style="list-style-type: none"> <li>• <b>Acton Food Pantry</b>, <a href="http://actonfoodpantry.org">actonfoodpantry.org</a>, (978) 635-9295, open every week: 10:00AM–7:00PM Wednesdays, and 9:30AM – 11:30AM Thursdays</li> <li>• <b>Mt. Calvary Community Supper</b>, <a href="http://www.mtcalvaryacton.org">www.mtcalvaryacton.org</a>, (508) 263-5156, Dinner served on Wednesdays from 4:45-5:45</li> <li>• <b>Open Table</b>, <a href="http://www.opentable.org">www.opentable.org</a>,</li> <li>• <b>Stow Food Pantry</b>: <a href="http://www.stowfoodpantry.com">www.stowfoodpantry.com</a>, E-mail: <a href="mailto:stowfoodp@gmail.com">stowfoodp@gmail.com</a>, Distribution of food by appointment to families in need.</li> <li>• <b>Supplemental Nutrition Assistance Program (SNAP)</b>: <a href="http://www.Mass.gov/SNAP">www.Mass.gov/SNAP</a></li> <li>• <b>Women Infants and Children (WIC)</b>: <a href="http://www.Mass.gov/WIC">www.Mass.gov/WIC</a></li> </ul>
Health Insurance	<ul style="list-style-type: none"> <li>• <b>MA Health Connector</b>: <a href="https://mahealthconnector.optum.com/individual/">https://mahealthconnector.optum.com/individual/</a></li> </ul>
MA Department of Transitional Assistance (DTA)	<ul style="list-style-type: none"> <li>• <b>Department of Transitional Assistance (DTA)</b>: <a href="https://dtaconnect.eohhs.mass.gov/">https://dtaconnect.eohhs.mass.gov/</a> Supplemental Nutrition Assistance Program (SNAP), Transitional Aid to Families with Dependent Children (TAFDC), Emergency Aid to the Elderly, Disabled and Children (EAEDC)</li> <li>• <b>Department of Transitional Assistance (DTA) Mobile App</b>: <a href="https://www.mass.gov/how-to/download-the-dta-connect-mobile-app">https://www.mass.gov/how-to/download-the-dta-connect-mobile-app</a> -you can download the app and apply from your phone.</li> </ul>
Housing Assistance	<ul style="list-style-type: none"> <li>• <b>MA State Aide Housing</b>: <a href="https://publichousingapplication.ocd.state.ma.us/">https://publichousingapplication.ocd.state.ma.us/</a></li> <li>• <b>MA Centralized Waitlist</b>: <a href="http://www.section8listmass.org/How_to_Apply.php">http://www.section8listmass.org/How_to_Apply.php</a></li> <li>• <b>Acton Housing Authority</b>: <a href="http://www.actonhousing.net">www.actonhousing.net</a>, E-mail <a href="mailto:office@actonhousing.net">office@actonhousing.net</a></li> <li>• <b>Rent Assistance</b>: <a href="https://www.smoc.org/housing-consumer-education-center.php">https://www.smoc.org/housing-consumer-education-center.php</a></li> </ul>
Medical Attention or Answers to Health Questions	<p><b>IF THERE IS A MEDICAL EMERGENCY, CALL 911 OR GO TO AN EMERGENCY ROOM.</b></p> <ul style="list-style-type: none"> <li>• Call your primary care physician.</li> <li>• <b>Go to the Emergency Room</b>: <u>Emerson Hospital</u>, 133 Old Rd. to Nine Acre Corner, Concord</li> </ul>
Coronavirus Questions or Concerns & Other Resources	<ul style="list-style-type: none"> <li>• <b>Acton</b>: <a href="https://www.actonma.gov/704/COVID-19/">https://www.actonma.gov/704/COVID-19/</a> (978) 929-6632</li> <li>• <b>MA Department of Public Health, Epidemiology</b>: (617) 983-6800</li> <li>• <b>Statewide 2-1-1 Helpline</b>: Dial 2-1-1 from a phone or visit <a href="http://www.mass211.org">www.mass211.org</a> for info on COVID-19 prevention, testing, and referrals.</li> <li>• <b>Acton Buxborough United Way</b>: <a href="http://abu.w.org">abu.w.org</a>, Emergency Grants for Acton residents and families in crisis (rent, food, mortgage...) and critical local service providers.</li> <li>• <b>Danny's Place Youth Services</b>: E-mail <a href="mailto:info@dannys-place.org">info@dannys-place.org</a></li> <li>• <b>Domestic Violence Services Network (DVSN)</b>: E-mail <a href="mailto:dvvap@concordma.gov">dvvap@concordma.gov</a>, for anyone who needs help with a controlling partner or family member.</li> <li>• <b>First Connections</b>: E-mail <a href="mailto:lmattthews@jri.org">lmattthews@jri.org</a>, Offering virtual support groups for new parents, postpartum depression and anxiety. Weekly Facebook Circle Times.</li> <li>• <b>Metrowest Legal Services</b>: E-mail <a href="mailto:intake@mwlegal.org">intake@mwlegal.org</a> Free legal and eviction diversion services for residents</li> <li>• <b>Minuteman Senior Services</b>: Visit <a href="http://www.minutemansenior.org">www.minutemansenior.org</a> or call (888) 222-6171</li> <li>• <b>Minuteman Arc for Human Services</b>: <a href="http://www.minutemanarc.com">www.minutemanarc.com</a>, Most programs running with telemedicine capability.</li> <li>• <b>Neighborhood Brigade</b>: <a href="mailto:actonboxboroughma@neighborbridge.org">actonboxboroughma@neighborbridge.org</a>, Coordinates the needs of families in crisis with volunteers who want to help.</li> <li>• <b>Town of Acton Dept. of Veterans Services</b>: E-mail James MacRae at <a href="mailto:vso@actonma.gov">vso@actonma.gov</a></li> <li>• <b>Town of Acton Council on Aging</b>: E-mail <a href="mailto:seniorcenter@actonma.gov">seniorcenter@actonma.gov</a></li> <li>• <b>Town of Acton Community Services Coordinator</b>: E-mail Laura Ducharme at <a href="mailto:Lducharme@actonma.gov">Lducharme@actonma.gov</a> or call (978) 929-6651, Information on a variety of resources such as food, fuel, financial etc.</li> </ul>
Mental Health Support	<p><b>IF THERE IS A MENTAL HEALTH EMERGENCY, CALL 911 OR GO TO AN EMERGENCY ROOM.</b></p> <ul style="list-style-type: none"> <li>• <b>National Suicide Prevention Lifeline</b>: 1-800-273-8255</li> <li>• <b>Call2Talk</b>: 1-508-532-2255 or Text "C2T" to 741741 or Samariteens: 800-252-TEEN (8336)</li> <li>• <b>SAMHSA's Disaster Distress Helpline</b>, 1-800-985-5990 This is a 24/7 multilingual free hotline for immediate crisis counseling for people experiencing emotional distress re: the pandemic.</li> <li>• <b>NAMI (North Alliance on Mental Health Illness)</b>, 781-982-3318: <a href="http://www.namimass.org">www.namimass.org</a>, <a href="http://www.namicentralmiddlesex.org">www.namicentralmiddlesex.org</a></li> <li>• <b>Eliot Community Human Services</b>, E-mail <a href="mailto:dgarfield@eliotchs.org">dgarfield@eliotchs.org</a>, Provides outpatient mental health and substance abuse services for all ages.</li> </ul>