

LOCAL & GOVERNMENT RESOURCE SUPPORTS

Area of Need	Contact:
Food Resources	<ul style="list-style-type: none"> • Acton Food Pantry, actonfoodpantry.org, (978) 635-9295, open every week: 10:00AM–7:00PM Wednesdays, and 9:30AM – 11:30AM Thursdays • Mt. Calvary Community Supper, www.mtcalvaryacton.org, (508) 263-5156, Dinner served on Wednesdays from 4:45-5:45 • Open Table, www.opentable.org, • Stow Food Pantry: www.stowfoodpantry.com, E-mail: stowfoodp@gmail.com, Distribution of food by appointment to families in need. • Supplemental Nutrition Assistance Program (SNAP): www.Mass.gov/SNAP • Women Infants and Children (WIC): www.Mass.gov/WIC
Health Insurance	<ul style="list-style-type: none"> • MA Health Connector: https://mahealthconnector.optum.com/individual/
MA Department of Transitional Assistance (DTA)	<ul style="list-style-type: none"> • Department of Transitional Assistance (DTA): https://dtaconnect.eohhs.mass.gov/ Supplemental Nutrition Assistance Program (SNAP), Transitional Aid to Families with Dependent Children (TAFDC), Emergency Aid to the Elderly, Disabled and Children (EAEDC) • Department of Transitional Assistance (DTA) Mobile App: https://www.mass.gov/how-to/download-the-dta-connect-mobile-app -you can download the app and apply from your phone.
Housing Assistance	<ul style="list-style-type: none"> • MA State Aide Housing: https://publichousingapplication.ocd.state.ma.us/ • MA Centralized Waitlist: http://www.section8listmass.org/How_to_Apply.php • Acton Housing Authority: www.actonhousing.net, E-mail office@actonhousing.net • Rent Assistance: https://www.smoc.org/housing-consumer-education-center.php
Medical Attention or Answers to Health Questions	<p>IF THERE IS A MEDICAL EMERGENCY, CALL 911 OR GO TO AN EMERGENCY ROOM.</p> <ul style="list-style-type: none"> • Call your primary care physician. • Go to the Emergency Room: Emerson Hospital, 133 Old Rd. to Nine Acre Corner, Concord
Coronavirus Questions or Concerns & Other Resources	<ul style="list-style-type: none"> • Acton: https://www.actonma.gov/704/COVID-19/ (978) 929-6632 • MA Department of Public Health, Epidemiology: (617) 983-6800 • Statewide 2-1-1 Helpline: Dial 2-1-1 from a phone or visit www.mass211.org for info on COVID-19 prevention, testing, and referrals. • Acton Boxborough United Way: abuw.org, Emergency Grants for Acton residents and families in crisis (rent, food, mortgage...) and critical local service providers. • Danny's Place Youth Services: E-mail info@dannys-place.org • Domestic Violence Services Network (DVSN): E-mail dvvp@concordma.gov, for anyone who needs help with a controlling partner or family member. • First Connections: E-mail lmatthews@jri.org, Offering virtual support groups for new parents, postpartum depression and anxiety. Weekly Facebook Circle Times. • Metrowest Legal Services: E-mail intake@mwlegal.org Free legal and eviction diversion services for residents • Minuteman Senior Services: Visit www.minutemanSenior.org or call (888) 222-6171 • Minuteman Arc for Human Services: www.minutemanarc.com, Most programs running with telemedicine capability. • Neighborhood Brigade: actonboxboroughma@neighborbridge.org, Coordinates the needs of families in crisis with volunteers who want to help. • Town of Acton Dept. of Veterans Services: E-mail James MacRae at vso@actonma.gov • Town of Acton Council on Aging: E-mail seniorcenter@actonma.gov • Town of Acton Community Services Coordinator: E-mail Laura Ducharme at Lducharme@actonma.gov or call (978) 929-6651, Information on a variety of resources such as food, fuel, financial etc.
Mental Health Support	<p>IF THERE IS A MENTAL HEALTH EMERGENCY, CALL 911 OR GO TO AN EMERGENCY ROOM.</p> <ul style="list-style-type: none"> • National Suicide Prevention Lifeline: 1-800-273-8255 • Call2Talk: 1-508-532-2255 or Text "C2T" to 741741 or Samariteens: 800-252-TEEN (8336) • SAMHSA's Disaster Distress Helpline, 1-800-985-5990 This is a 24/7 multilingual free hotline for immediate crisis counseling for people experiencing emotional distress re: the pandemic. • NAMI (North Alliance on Mental Health Illness), 781-982-3318: www.namimass.org, www.namicentralmiddlesex.org • Eliot Community Human Services, E-mail dgarfield@eliotchs.org, Provides outpatient mental health and substance abuse services for all ages.