



ACTON BOARD OF HEALTH

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March 22, 2020

TO: John Mangiaratti, Town Manager

FROM: Sheryl Ball, Health Director

RE: Board of Health Closure of Town Fields

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The Board of Health on Thursday, March 19, 2020 voted to close Town fields until further notice. This closure would include all Town fields including, Concord Road, Elm Street, NARA Park, MacPherson, School Street, Robbins Mill, TJ O'Grady, Jones, Great Hill, Gardner and Veteran's playing fields. At this time, the Arboretum, NARA Park walking paths only, Conservation areas, Rail Trail still remain open but you must maintain social distancing. The Town playgrounds and basketball courts are also closed. This closure also means no meeting up with friends, as everyone, including those that are healthy, has a role in helping us to reduce the transmission of COVID-19, Coronavirus and maintain social distancing. Social distancing means avoiding direct contact with people or objects in public places and avoid any type of a group gathering. The virus is spread between people who are in close contact through respiratory droplets that are produced when an infected person coughs or sneezes. If you must go to a public place including town parks, grocery stores, public parking lots and pharmacies you should maintain at least 6 feet of separation between people, avoid touching your eyes, nose and mouth and stay home if you're sick and avoid any contact with others. We all must protect our vulnerable residents, so please if you're healthy, social distance for your grandmother, your friend's grandmother or even for a friend with diabetes. Take this opportunity to go for a walk and enjoy the fresh air. Social Distancing has become the new norm, embrace it, be creative and set up virtual playdates with your children's friends. Getting through this will take some positive thinking and remember we'll all in this together. For any questions please email health@actonma.gov