



Lyme Disease & Other Tick-Borne Illnesses Library Titles

The following are some tick-borne illness-related materials available through Greater Boston Metrowest public libraries. If your library doesn't have a title you want, ask your librarian to help you borrow it and/or purchase it for the library.

1. *Beating Lyme: Understanding and Treating This Complex and Often Misdiagnosed Disease* by Constance A. Bean (2008)
2. *The Beginner's Guide to Lyme Disease* by Nicola McFadzean, ND; Forward by Joseph Burrascano, MD (2012)
3. *Bull's Eye* by Jonathan A. Edlow, MD (2004, 2nd edition)
4. *Coping with Lyme Disease* by Denise Lang with Kenneth B. Liegner, MD (2004, 3rd edition)
5. *Cure Unknown: Inside the Lyme Epidemic* by Pamela Weintraub (2013, 2009, 2008)
6. *Healing Lyme* by Stephen Harrod Buhner (2005)
7. *Healing Lyme Disease Coinfections: Complementary and Holistic Treatments*
by Stephen Harrod Buhner (2013)
8. *The Lyme Diet Book* by Nicola McFadzean, ND (2010)
9. *Lyme Disease*, edited by Mary E. Williams (Young adult book) (2012)
10. *The Lyme Disease Solution* by Ken Singleton, MD (2008)

11. *Lyme Disease: The Ecology of a Complex System*, by Richard S. Ostfeld (2012)
12. *Lyme Times* by Lyme Disease Resource Center (quarterly magazine)
13. *Recipes for Repair: A Lyme Disease Cookbook* by Gail Piazza and Laura Piazza; Forward by Ken Singleton, MD (2010)
14. *Treatment of Chronic Lyme Disease: 51 Case Reports and Essays in Their Regard* by Burton Waisbren, MD (2011)
15. *Under Our Skin* by Andy Abrahams Wilson (film on DVD) (2009)
(Updated Director's Cut version and a follow-up documentary to be released May-June 2014)
16. *Why Can't I Get Better: Solving the Mystery of Lyme and Chronic Disease* by Richard Horowitz, MD (2013) (Available as book & audio book)

Related Titles

1. *Herbal Antibiotics* by Stephen Harrod Buhner (2012)
2. *How to Be a Friend to a Friend Who's Sick* by Letty Cottin Pogrebin (2013)
Note: The founding editor of *Ms. Magazine* and cancer survivor discusses how to provide support and comfort to patients.
3. *The Immortal Life of Henrietta Lacks* by Rebecca Skloot (2010)
Note: Examines how science can forget the people they treat.
4. *Living a Healthy Life with Chronic Conditions* by Kate Lorig, Halsted Holman, David Sobel, Diana Laurent, Virginia Gonzalez, & Marion Minor (2012, 4th edition) Note: A self-management guide used in a Stanford-based program for patients with chronic conditions.